

MODS & CONSEQUENCES (1980-1991)

NETRO

## Great to drive and with hatchback practicality, upgrading the Metro is easy, cheap - and fun

ead to the British Motor Museum this Sunday (4 June) and you'll find plenty of these pint-sized classics at the National Metro and Mini Show - and you'll find that owners use all of sorts of clever tricks to make the 1980s hatchback better than ever.

It helps that the Metro shares its engine and gearbox with the Mini, so there are virtually limitless upgrades. Most are inexpensive and within the grasp of the DIY-er.

Many of the upgrades mentioned in our Mini guide (CCW, 1 March) apply here too. Over and above that, the standard MG Metro airbox is better than the Austin alternative and has a better cold air feed tube as standard. The MG's camshaft is also ideal if you're building a fast road car, but why not just fit an MG engine?

This 73bhp unit is a straight swap for the standard 63bhp 1.3-litre in the Austin Metro while the 1.0-litre powerplant is rated at just 42bhp or 48bhp, depending on compression ratio. Whatever you fit, a reworked cylinder head is key to better breathing and a water-to-oil heat exchanger from a later Metro will reduce engine bay temperatures.

Getting the Hydragas suspension displacers refurbished will probably pay dividends. Also, the two rear spheres are linked via a pipe - fitting a valve to each one and removing the pipe firms up the ride.

A thicker front anti-roll bar from a 1985-on car reduces roll, as does a rear anti-roll bar from a Metro Turbo or Metro GTi MkIII. Fabricating a rear brace will also result in a noticeable difference in the corners. Camber isn't easily achieved with the stock suspension but a popular mod is to shorten the suspension rods to lower and stiffen things up.

WNN 360Y HELP IT BREATHE £140-£225 SWAP ITS WHEELS **BRAKE UPGRADES ELECTRIC TWEAKS** 275 £100+ The standard MG Post-1985 Metros have Metro Mkls have a very Swap metric wheels for Metro inlet and exhaust Metro alloys, 12-inch steel 8.4-inch vented discs and simple wiring loom manifolds are efficient later ones were more rims or 5x13 Minilites four-pot calipers up front and they don't need to comprehensive and the bolt pattern matches and rear drums - fitting be changed. If you're facilitated central door the Mini's but the centre this to an earlier car is a after a fruitier sound, locking motors. Metro hole doesn't. The rear straight swap. Also check Maniflow produces a MkIs will benefit from wheels can be spaced to up came with a variety

that the brake balancing valve works - if not, the rear wheels will lock up under hard braking.

### **GO ELECTRIC**

£70-£100 Most Metros had Lucas electronic ignition but some early cars got points, which can be , swapped for the later type. The electronic set-

of economy curves, but

this can be changed to

improve power.

# FUELLING CHANGE E100+

**METRO MAKEOVER** 

E150+

Beef up a standard

car by fitting a Turbo

wing extension and front spoiler, though

this involves drilling

mounting holes in the

wings. An original boot

spoiler is a relatively

easy fit.

The 1275cc Metro's standard HIF44 carburettor can be set up for extra power. If you want to go further, there's plenty of room to fit a Weber carb, but you'll need deeper pockets to fit and run a car fitted with this sort of set-up.

## **EXPERT VIEW**





#### 'Upgrades are readily available off the shelf'

There's a wealth of information on the metropower.info forum. The group's Martin Vestergaard says: 'Most Metros are now reserved for shows but some are still used every day. Most upgrades are for improved reliability or aesthetics, so wheels and spoilers are popular. Carburettor and exhaust upgrades are readily available, making increasing power very easy. Some fit A-series Metros with a K-series engine, but it's a lot of work. Buy one of the later cars if you really want that engine. metropower.info



#### 'Even the standard Metro was great fun'

tubular exhaust manifold

and set of pipes with one

or two back boxes

'Lancaster was originally 'born' out of the MG Owners' Club and even though we're now independent, we're still the exclusive insurance partner to the club, so we remain close to all things MG-related. Both the MG Metro and regular cars were great fun as a standard car so the additional power and stopping ability must make this an entertaining drive! The modifications Ben has made to his car do increase the performance so there would be a small increase in premium with us.' lancasterinsurance.co.uk

#### **BEN PLUMMER**

fitting relays to the light

switch as these can

overload and melt.

Ben Plummer owns two Metros, one of which is (even) more extreme than the other. Ben says: 'I bought an MG MkI that was going to be scrapped and turned it into a fast-road car with a 1330cc engine, 276-degree cam, Fletcher manifold and Janspeed exhaust. It's also got Revolution 12x5 wheels and four-pot calipers. The result is less of a shopping car and much more fun. My other Metro is an ex-hillclimb machine that's been converted to adjustable AVO coilovers and has a full roll cage and a wide-arch kit. Swapping the suspension over involved a lot of work as the bodyshell has to be strengthened, but it's a wonderful car to drive.

improve stance but this

puts a higher load on the

rear radius arm bearings.



#### SPECIALISTS

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\*Quotes based on a 45-year-old male marketing manager, access to other car, no claims or convictions, club member, 5000 miles per year, living in SP2 OHL. Disclaimer: Policy benefits, features and discounts offered may vary between schemes or cover selected and are subject to underwriting criteria. An additional charge may be payable.

